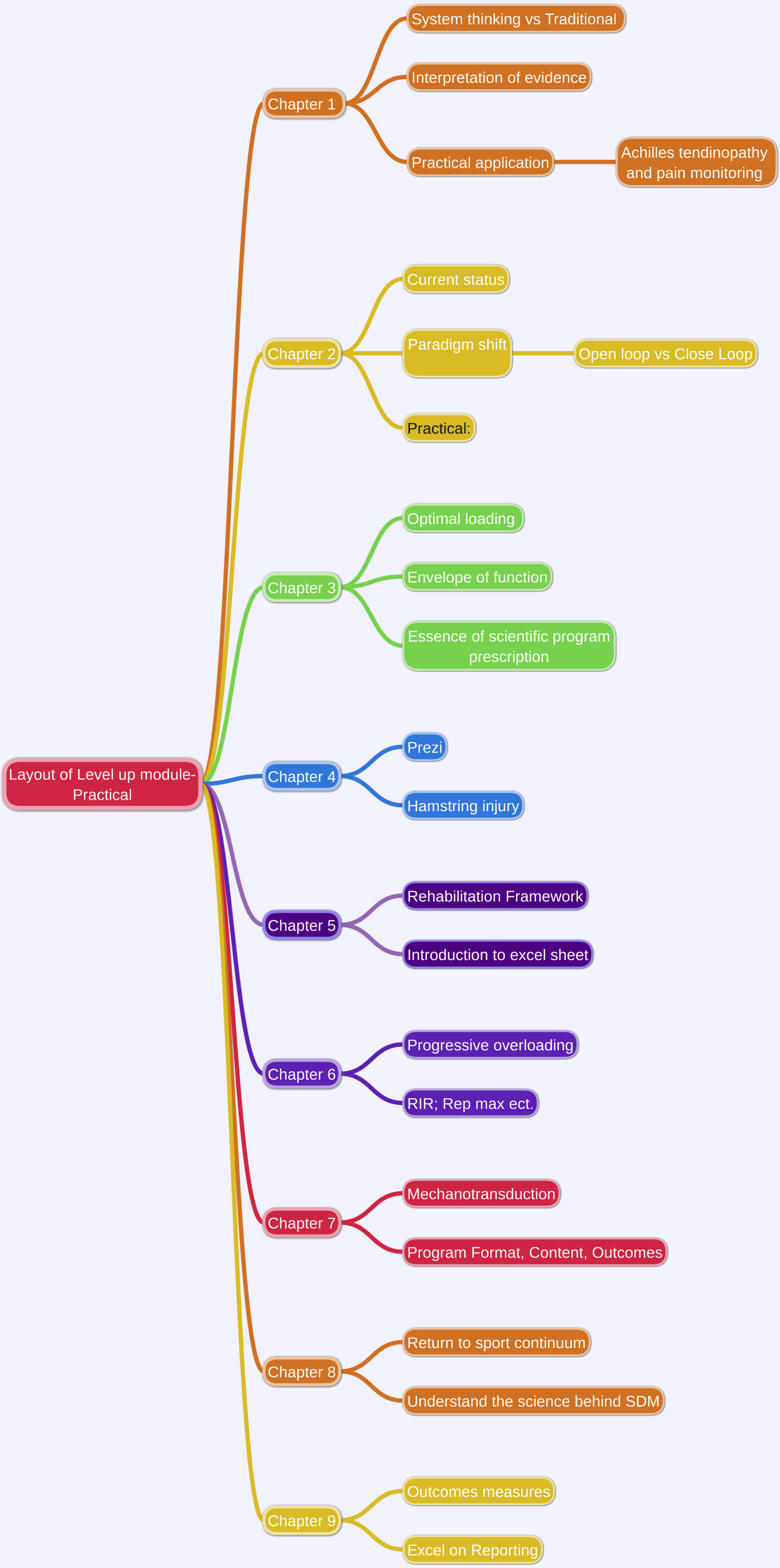
miMind


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System thinking vs Traditional
Interpretation of evidence
Practical application
Achilles tendinopathy and pain monitoring
Chapter 2
Current status
Paradigm shift
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Progressive overloading
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Program Format, Content, Outcomes
Chapter 8
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Excel on Reporting